Joint Meeting
Rizzoli Orthopaedic Institute | Humanitas University

INSTABILITY: CURRENT CONCEPTS AND NEW FRONTIERS

PRELIMINARY PROGRAM

10th – 11th September 2019
The Rizzoli Advanced Elbow Course, started in 2007, has come to the 7th edition.

The new course will be held in September 10th 2019 at the Istituto Ortopedico Rizzoli in Bologna and will address the topic of elbow instability. Once again Professor Shawn O’Driscoll from the Mayo Clinic (USA) will honor the Course with his participation as Co-Director. The faculty of the Course will be completed by nationally and internationally known leading experts.

The aim of the Course is to illustrate the Current Concepts and The New Frontiers in the diagnosis and treatment of Elbow Instabilities. Through room presentations and recorded-surgeries, the Course will stimulate an interactive discussion between faculty and participants, to compare the different personal experience, believes and intuitions.

The day after, with the cooperation of Professor Alessandro Castagna and his team, for the first time, the Rizzoli Elbow Course will be continued in Humanitas University (Milano) with a Cadaver-Lab Course, where the participants will have the opportunity to implement the concepts and knowledges they have learned the day before in Bologna.

The Course is structured to allow all of us to be more confident in treating Instability Elbow cases and to improve function and quality of life of our patients.

Roberto Rotini
Approved and Recommended by:

- FESSKA
- OTODI (Ortopedici Traumatologi Ospedalieri d'Italia)
- SECEC - ESSE (Société Européenne pour la Chirurgie de l'Epaule et du Coude, European Society for Surgery of the Shoulder and the Elbow)
- SIOT (Società Italiana di Ortopedia e Traumatologia)
- SICSeG (Società Italiana della Spalla e del Gomito)
- SIGASCOT (Società Italiana: Ginocchio - Arthroscopia - Sport - Cartilagine - Tecnologie - Ortopediche)

MedTech Compliant EM15713
CONGRESS VENUE
Bologna - Research Center Codivilla - Putti - Rizzoli Orthopaedic Institute
Via di Barbiano 1/10 - Bologna, Italy

ATTENDEES
N 100 delegates - Registration fee €200.00 + IVA

ECM - Educazione Continua in Medicina (for the Italian participants only)
L’evento sarà accreditato ECM da Provider Consorzio MED3 per Medico Chirurgo,
discipline: Ortopedia e Traumatologia e Fisiatria

COURSE DIRECTORS
Roberto Rotini, MD
IRCCS Rizzoli Orthopaedic Institute, Bologna, Italy

Shawn O’Driscoll, MD PhD
Mayo Clinic – Rochester, MN, USA
08.00 Registration
08.30 Welcome and Greetings from Authorities

OVERVIEW
(CURRENT CONCEPTS: ANATOMY AND BIOMECHANICS)

Moderators: R. Rotini, A. Castagna, B. Battiston

08.45 The elbow constrainers: who are they and how do they work?
A. Ritali

09.15 Shawn, how do you diagnose a subtle instability?
S. O’Driscoll

09.35 Discussion

09.45 Does the instability run from the elbow to the wrist?
S. O’Driscoll

10.05 Discussion

CURRENT CONCEPT: TREATMENT

Moderators: F. Castoldi, S. Pfanner, G. Vicenti

10.15 Acute Simple M. Cavallo
10.30 Recurrent Simple E. Guerra
10.45 Persistent Simple A. Celli
11.00 Discussion

11.15 Coffee

Moderators: L. Pederzini, A. Miti, E. Bellato

11.45 Acute Complex A. Marinelli
12.00 Recurrent Complex S. Antuña
12.15 Persistent Complex S. O’Driscoll
12.30 Discussion
13.00 SYMPOSIA

14.30 ELBOW FRACTURES: RADIAL HEAD PROSTHESIS, ORIF AND ARIF

S. Arman
P. Arrigoni
C. Ascani
E. Bellato
P. Bigazzi
D. Blonna
A. Colozza

G. Giannicola
G. Merolla
A. Miti
S. Nicoletti
A. Pizzoli
P. Rolla
P. Tos

(during Symposia, lunch box will be served)

14.30 Relive surgeries

16.00 LECTURE: Irreducible anterior radial head dislocation in children

16.20 NEW FRONTIERS

Moderators: F. Castoldi, G. Porcellini

BONE LOSS TREATMENT Clinical Cases: L. Pederzini, R. Rotini, R. Russo

17.00 Discussion

Moderators: R. Rotini, M. P. Landini

17.10 The elbow: new frontiers and research direction

17.30 Discussion

17.45 ECM

18.00 end of the course
Antuña Samuel Madrid (Spain)
Arman Sard Torino
Arrigoni Paolo Milano
Ascani Claudio Roma
Battiston Bruno Torino
Bellato Enrico Torino
Bigazzi Prospero Firenze
Blonna Davide Torino
Castagna Alessandro Milano
Castoldi Filippo Torino
Cavallo Marco Bologna
Celli Andrea Modena
Colozza Alessandra Faenza (RA)
Giannicola Giuseppe Roma
Guerra Enrico Bologna
Landini Maria Paola Bologna
Marinelli Alessandro Bologna
Merolla Giovanni Cattolica (RN)
Miti Andrea Mestre
Nicoletti Simone Pistoia
O’Driscoll Shawn Rochester (MN, USA)
Pederzini Luigi Sassuolo (MO)
Pfanner Sandra Firenze
Pizzoli Andrea Mantova
Porcellini Giuseppe Modena
Ritali Alice Bologna
Rolla Paolo Milano
Rotini Roberto Bologna
Russo Raffaele Napoli
Tos PierLuigi Milano
Vicenti Giovanni Bari
HUMANITAS ELBOW CADAVER LAB

Wednesday, September 11th 2019

CONGRESS VENUE
Humanitas University
Via Rita Levi Montalcini 4 - Pieve Emanuele (Milano), Italy

ATTENDEES
Registration Fee | €600.00 + IVA
- GROUP A: “Arthroscopic techniques and total elbow prosthesis”  n 24 delegates
- GROUP B: “Open techniques and fractures fixation”  n 24 delegates

Participants will be selected by the Course Directors
The professional curriculum, scientific studies, publications and surgical experience of the candidate will be taken into consideration

ECM - Educazione Continua in Medicina (for the Italian participants only)
L’evento sarà accreditato ECM da Provider Consorzio MED3 per Medico Chirurgo, disciplina: Ortopedia e Traumatologia

COURSE DIRECTORS:
Alessandro Castagna, MD
IRCCS Humanitas University
Rozzano, MI, Italy

Roberto Rotini, MD
IRCCS Rizzoli Orthopaedic Institute
Bologna, Italy

TUTORS
Paolo Arrigoni (Milano)
Giacoimo Delle Rose (Milano)
Enrico Guerra (Bologna)
Alessandro Marinelli (Bologna)
## PRELIMINARY PROGRAMM

### GROUP A - ARTHROSCOPIC TECHNIQUES AND TOTAL ELBOW PROSTHESIS IMPLANTATION
**TUTORS:** E. Guerra, P. Arrigoni

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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>09.00</td>
<td>Instability - ARTHROSCOPY</td>
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<tr>
<td>12.00</td>
<td>- Capsulo - ligament repair (plication/anchor)</td>
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<td>- Coronoid fracture: fixation</td>
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<td>- Radial Head fracture: screw fixation</td>
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<td>12.00</td>
<td>Reconstruction - REPLACEMENT</td>
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<tr>
<td>13.00</td>
<td>- Total Elbow Arthroplasty</td>
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<td>13.00</td>
<td>LUNCH</td>
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<td>14.30</td>
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### MEETING ROOM

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<tr>
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<tbody>
<tr>
<td>14.30</td>
<td>LECTURES and CLINICAL CASES DISCUSSION</td>
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<td>18.30</td>
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End of the **GROUP A** Course

### GROUP B - OPEN TECHNIQUES AND FRACTURES FIXATION
**TUTORS:** A. Marinelli, G. Delle Rose

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### CADAVER LAB

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<tr>
<td>14.30</td>
<td>Instability - OPEN</td>
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<tr>
<td>15.30</td>
<td>- Ligament reconstruction</td>
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<td>- Box-loop technique</td>
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<td>15.30</td>
<td>Fixation - OPEN</td>
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<td>18.30</td>
<td>- Distal Humerus fracture: plate fixation</td>
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<td>- Radial Head fracture: screw and plate fixation</td>
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<td>- Radial Head fracture: replacement</td>
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<td>- Coronoid fracture: plate fixation</td>
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<tr>
<td>18.30</td>
<td>End of the <strong>GROUP B</strong> Course</td>
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End of the **GROUP B** Course
WE ARE WAITING FOR YOU

ORGANIZING SECRETARY
AdArte
Via G. di Vittorio 2
40057 Cadriano di Granarolo E. (BO)
Tel. +39 051 19936160
Fax +39 051 19936170
ortopedia@adarteventi.com
www.adarteventi.com